

Grow plants that help each other

Avoid planting all of the same plants together in rows, insects and slugs find their favourite plant and spread quickly.

Try 'intercropping': Plant fast growing edible plants between slow growing ones.

Plant herbs to repel insects.

Use tall plants to create shade for others

Plant lots of insect and bird friendly plants throughout your garden

Companion plant	Place	Result
Borage	Near strawberries and tomatoes	Attracts bees to cross-pollinate
Chamomile	Near sick plants	May act as a tonic to encourage growth
Comfrey	In flower beds and vegetable plots	Deep taproots bring vital minerals to the surface
Dill and fennel	In vegetable plots	Attract hoverflies that will eat aphids
Garlic and chives	Under roses	Believed to keep aphids and black spot away
Nasturtiums	Among vegetables	Attract aphids away from the vegetables and also may repel ants and whitefly