

# How to make paper or clay seed bombs

There are two types of seed bombs that you can create, one where the seeds are mixed with air dry clay and compost or one that uses pulped paper. Both can be made into balls or shaped in a cookie cutter or silicone mould.

You can use any seeds but mixed flower seeds are more fun as you never know what array of flowers will appear. If you want to specifically help the honey bees include lavender, foxgloves, honeysuckle and crocus seeds. For butterflies include buddleia, red valerian, sedum and hebe seeds.

## Clay seed bombs

### You will need:

Air dry clay

Compost

Flower seeds.

First take a piece of air dry clay and flatten it into a circle. Sprinkle on some multi-purpose compost and some flower seeds.



Then knead it all together so that the seeds are evenly distributed through the clay. Then take small pieces of the clay and roll it into balls. Leave to dry for at least 24 hours.

(You could roll the clay out to about 1cm thick and use a cookie cutter to cut it into shapes.)

## Paper seed bombs

### You will need:

Paper

Water

Flower seeds

First tear up several sheets of paper, you can use coloured paper or even newspaper (not the kind with coloured pictures on though) You could just put the paper into a shredder instead of tearing it.

Put the paper into a bowl and cover with warm water, leave it to soak overnight.

Now you need to squish it all to a pulp. If you have an old blender you won't be using for food again you could put it in that with some water and blend it to a smooth pulp.

Squeeze the excess water from the pulp and put it in a bowl. Sprinkle in some flower seeds and squish it all together so that the seeds are well mixed into the paper pulp.



You could make small balls out of this now, or push it firmly into the base of a cookie cutter until it is about 1 ½ cm thick, carefully remove the cutter and leave the shape to dry for 24 hours.

Once dry seed bombs can be thrown into a bare patch in your garden or planted in pots, once they get wet they will start to disintegrate and the seeds inside will start to grow.

